

= Three burdens -

1. The burden of SIN - if only this load
could be lifted we could bear the others

Nothing takes the Spring out of life like sin
" destroys ROMANCE of life -

" embitters the outlook -

" Saps our powers like SIN -

Stand before Christ - Feel His eyes on you

Let Him search your soul - Shame -

a load - David & Ps. 51 - Before that

moment of exposure the head erect -

Now the load bows us down -

To be cast on the Lord - we can't deal with it

Give it over - with shame - with

faith - with relief - with joy - with

gratitude - to our FATHER -

The wrongs - the soiled hearts - the

broken characters - the warped

wills - the joyless souls -

Good News - The load we cannot bear

God will lift away forever -

→ On the Cross Jesus paid the debt -

His sacrifice - His agony - His

atoning death - His victory -

3/ What has He done for you? Are you still
carrying the burden of sin - or have you
cast it upon Him? He is the Sin Bearer
[Christian in Pilgrim's Progress] -

2) The Burden of Grief -

- hearts withered by sorrow -
- hopes blighted - purposes overthrown
- sense of bereavement - loneliness
- Load of grief wholly undeserved -
- Why refuse to share? Why carry it
- we must commit it all to God -
- He knows what is best to do with it.

3. The Burden of the Future

Not just death and beyond. Something ^{near} what of me in the years ahead?

"Will temptation do for me?"

Life dangerous for people with inflammable
who is sufficient? ^{natures.}

Why seek to carry it all alone?

Lay it all on Him -

God has love - We have burdens - In His
love He longs to be our helper.

Do not hide these burdens from Him
Do not cling to them - They can do
you nothing but harm - Let Him
have his way with you & your burden