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**Publisher - Tennessee Baptist  
Convention Executive Board**

**Convention Communications  
Committee -**

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**Postmaster -**

Periodical postage paid at Brentwood and at additional mailing office. (USPS 041-780) POSTMASTER: Send address changes to *Baptist and Reflector*, P.O. Box 728, Brentwood, TN 37024.

**Frequency of issue -**

Published weekly except for the weeks of Christmas, New Year's, Memorial Day, Fourth of July, and Labor Day.

Printed on  
recycled paper

**Youth gambling  
on rise, recent  
studies indicate**

Associated Baptist Press

WASHINGTON — Though legal gambling is more widespread than in the past, it remains illegal for Americans in most situations — and especially for minors. But several recent studies suggest that the rate of gambling among American teenagers is skyrocketing. "This is the first generation of kids growing up when gambling is legal and available virtually nationwide," George Meldrum of the Delaware Council on Gambling Problems told the Associated Press. "Casinos, racetracks — they take it for granted."

In the past 10 years, dozens of states and municipalities across the country have legalized lotteries and casino gambling. Additionally, the growth of the Internet has made online casino gambling accessible even to the youngest children.

Several regional surveys suggest that nearly a third of all high-school students gamble regularly. Although most teenage gambling is confined to low-stakes games — craps, betting on sporting events, Internet gambling — teenage gambling has been linked in many studies to higher rates of other illegal behavior, such as underage drinking, drug use, and criminal activity.

Rates of compulsive, or problem, gambling among teenagers is higher than among adults — 8 percent compared to 3 percent. Those figures are according to the International Center for the Youth Gambling Problems, based at Canada's McGill University.

The problem isn't confined to older teens. A recent statewide study conducted by the Delaware Council on Gambling Problems showed that nearly a third of 6,734 eighth graders surveyed had gambled in 2002.

**Watertown church celebrates bicentennial**

For Baptist and Reflector

WATERTOWN — Members of Round Lick Baptist Church here celebrated 200 years of ministry and heritage on Sunday, July 13.

The theme for the day's activities was "Founded on the Rock, Faithful to the Finish."

Pastor Terry Wilkerson noted Round Lick has had an impact on the community during those 200 years.

"The days past are filled

with wonderful memories, but the future holds even greater challenges and blessings," he wrote in the commemorative program.

Special recognitions were presented to the church by Gary Rickman of the Tennessee Baptist Convention and state senator Mae Beavers. □



**TOP, Gary Rickman,** presents a plaque to Pastor Terry Wilkerson of Round Lick Baptist Church in recognition of the church's 200th anniversary. **LEFT,** former pastor Bucky Rickman addresses members of the church during the celebration service. Other speakers included, from left, Bucky Phillips (whose dad Walter Phillips deceased) was pastor; Ed Schmid, and Gary Odum, former pastors. — Photo: Eric Crosson



The survey was among the largest teen-gambling study ever conducted.

The study also found that nine percent of the eighth-graders had gambled on Internet casinos. The casinos offer not only instant access, but also the ability to gamble with credit cards. □

**Effort to reopen  
Roe v. Wade fails**

Baptist Press

DALLAS — A federal court judge has rejected Norma McCorvey's attempt to reverse the U.S. Supreme Court's 1973 ruling on her lawsuit that legalized abortion throughout the country.

David Godbey, a judge in the northern district of Texas, ruled in June that McCorvey's petition to reopen the case did not come

within a "reasonable time." McCorvey, "Jane Roe," in the Roe v. Wade opinion 30 years ago, had filed the petition June 17.

Godbey noted a court rule measures "reasonable time" in "weeks or months, not decades."

McCorvey filed a notice of appeal July 17 with the Fifth Circuit Court of Appeals.

In announcing the appeal, McCorvey said in a written statement, "How could the judge have read the affidavits from over 1,000 post-abortive women in two days? I deeply regret the damage my original case caused women. I want the Supreme Court to examine the evidence and have a spirit of justice for women and children."

McCorvey presented more than 5,400 pages of evidence in her June petition seeking to demonstrate abortion harms women and destroys the life of a

human being. The evidence attempts to show that shoveling away laws, which provide protection for mothers who are better alternatives to abortion. □

**Missouri board  
to recommend  
defunding WJC**

Baptist Press

JEFFERSON CITY, Mo. — The Missouri Baptist Convention executive board will recommend to messengers attending the MBC 2003 annual meeting Nov. 3-5 that William Jewell College be defunded.

If messengers approve the board's recommendation at a meeting in St. Louis, it will solve a 154-year-old relationship between the MBC and William Jewell.

The college is scheduled to receive approximately \$1.1 million from the MBC this year. That total represents about 3 percent of the Kansas City-area college's operating budget.

The board's action came as little surprise as Missouri Baptists last year began questioning the theological direction of the college at William Jewell. Revelations about homosexual acceptance on the campus along with the publication of "The Vagina Monologues," a sexually explicit play, stirred an inquiry into the MBC's inter-agency cooperation. □

Charles Burnett, chairman of the inter-agency committee, said it was William Jewell's "non-assertive direction concerning issues on campus" that led to the defunding recommendation. □

**Sweetwater team responds in Morgan County**

By Marcia Knox  
Baptist and Reflector

VONORE — Sweetwater Baptist Association Disaster Relief recovery team responded July 13-15 to a community near here after 75 mph winds from a microburst (an atmospheric condition that results when two opposing weather fronts collide) drove trees onto houses and a Methodist church during a severe thunderstorm Sunday night.

Jimmy Stinnett, Sweetwater Association Disaster Relief director, was attending church Sunday night at New Providence Baptist Church, Tellico Plains, when the congregation asked to go downstairs, because of the advancing storm.

Stinnett called Monroe County 911 and found out that several homes had been damaged near Walnut Grove Methodist Church, Vonore, as well as the church itself. Disaster Relief volunteers responding besides Stinnett were: Jeff Merrill, Lonnie Cain, Jimmy Stephens, and Andrew Stephens, all members of Rural Vale Baptist Church, Tellico Plains; and Bud Millsaps, member of First Baptist Church, Madisonville.

Bennie Creel, Sweetwater Association director

of missions, was at Oak Grove Baptist Church, Madisonville, when the storm hit. "There was a lot of hail and ferocious winds which fell trees in the churches' cemetery and parking lot. Stinnett began assessment Sunday night.

Creel also reported that Tommy Self, pastor of Mt. Zion Baptist Church, Vonore, had his garage damaged by the storm. Other residents reported numerous trees down in yards.

Additional damage reports included Walnut Grove Church, which had four cars in the parking lot crushed by trees, a large oak tree which crashed into the sanctuary, trees in the parking lot, and pine trees leaning on the former church on the property. The new Walnut Grove Church is just over one year old and was built by Tennessee Chapter of Campers on Missions with help from Methodist congregation.

Stinnett returned to the community Tuesday to see if any homeowners needed help.

Tennessee Baptist Disaster Relief receives funds through the Cooperative Program and Golden Offering for Tennessee Missions. Cooperative Program funds also help support the Tennessee Chapter of Campers on Mission. □

# Fast food, big eaters square off in obesity lawsuits

annah Lodwick  
ciated Baptist Press

JACKSONVILLE, Fla. — King about suing Big Tobacco? Forget it. Food companies have the real money, and could be the next litigation target.

Only a trickle so far, but lawyers claiming food companies have made them fat have filed at least four "obesity lawsuits" in 2001.

The broadest action yet, filed by Barber, a 5-foot-10-inch, 600-pound fast-food junkie from New York, filed suit last year against Wendy's, McDonald's, and Burger King for failing to warn of the health risks of fast food. Barber also invited New York consumers to join his class-action suit.

Although unimpressed with the suits, which have dismissed most obesity lawsuits, the suits have exposed ethical issues regarding rising obesity levels and the responsibility of food producers.

They would have to be a comportsrict to believe that food makers have no culpability in the obesity epidemic," says Wootan of the Center for Science in the Public Interest.

Recent studies show that almost two thirds of American adults qualify as overweight, and even the government has given notice. On July 9, the Food and Drug Administration announced to require food manufacturers to add trans fats — a type of fat most commonly found in hydrogenated vegetable oil — to the nutritional information listed on package labels.

Consumer groups hope the move will cause food companies to modify not just labels but their products

as well. Some have already done just that.

Kraft announced it will cap serving sizes, cut fat content in products like Oreos, and stop advertising in schools. Despite the recent lawsuits, company spokespeople say their motivation isn't to avoid litigation. Kraft has a genuine concern for the decline in America's health, company officials said.

"Food is part of the equation and Kraft wants to be part of the solution," wrote Michael Mudd, senior vice president of corporate affairs in a recent article. "If, along the way, it discourages the plaintiffs' lawyers or an unwarranted piece of legislation, that's fine with us."

Some people question whether increased regulation and the threat of litigation will do enough to stem the rise of obesity. But the underlying question remains: Do companies have a responsibility to tell consumers about the health risks of eating their food?

Wootan, director of nutrition policy for the CSPI, thinks they do. In a July 3 statement, Wootan said much of the blame for childhood obesity rates falls directly on fast-food chains for their "shameless" practice of super-sizing meals.

"The key way to help people to eat better when they eat out is to require fast-food and other chain restaurants to provide calorie counts right on menus and menu boards," she said.

When it comes to corporate responsibility, some experts liken the fast-food industry to the tobacco industry, which

knowingly marketed unhealthy and addictive products. Proponents of this theory say the aggressive promotion of fast food puts uninformed consumers at risk, much like tobacco advertising did in years past.

John Banzhaf, professor of public interest at George Washington University, said successful lawsuits against Big Tobacco are based on the premise of liability rather than addiction. Fast-food chains, he argued, fall into the same category.

On the other hand, Cliff Vaughn, culture editor of ethicsdaily.com for the Baptist Center for Ethics, says the analogy doesn't fit.

"I'm not sure [suing fast-food companies] is comparable to tobacco," Vaughn said. "So-called fast food is capable of delivering a healthy product. Let's see tobacco do that."

Studies show the trans fats in french fries, Doritos, and the like do cause health problems ranging from high cholesterol and obesity to heart disease, and diabetes. But some ethicists think Americans have only themselves to blame.

David Gushee, professor of moral philosophy at Union University, said the growing social awareness of the obesity problem has changed the food issue completely. Once the risks become widely known, he said, consumers will find it difficult to claim ignorance as an excuse for their habits.

"People are responsible for the choices they make, at least once they have adequate information about the risks of their behavior," said Gushee, author

of "Kingdom Ethics." "It is hard to imagine convicting a tobacco company today for failing to disclose the health risks of cigarettes. And undoubtedly public pressure will soon require food makers ... to enhance their warnings as well. Disclosure of such risks is about all that can be expected of any industry, in my view."

Vaughn of the Baptist Center for Ethics said companies like Subway take special pride in their healthier meals, even putting nutritional charts on napkins. He suggested restaurants use pamphlet racks or brochures with nutritional information.

"We all have an ethical responsibility to be honest," Vaughn said, and that goes for food companies as well. "Now, if we wolf down food we know is unhealthy, that's another matter," he added. "We have a responsibility to know what we eat."

Former White House economist Todd Buchholz noted consumers have a choice when ordering meals, and fast-food chains willingly provide nutritional charts upon request.

In a report conducted for the U.S. Chamber of Commerce, Buchholz said if food companies truly deceived or neglected consumers, researchers would find obesity levels growing among poorly educated people who cannot read or understand nutrition labels. Instead, Buchholz found the opposite true — since the 1970s, college-educated people have experienced the most rapid growth in body mass.

"Though the fast-food industry has proliferated since the 1960s, there is little conclusive evidence that it is a primary cause of obesity," Buchholz said in his report, titled "Burgers,

Fries and Lawyers: The Beef Behind Obesity Lawsuits."

"It is not the case that the average body-mass index has suddenly accelerated," he wrote. "In fact, it has been rising fairly steadily for the last 120 years."

In addition to the legal obstacles of suing food companies, Buchholz cited another problem with demanding fast-food companies change their ways: Which diet should the food companies follow?

"What would they base it on?" he asked. "The U. S. government nutrition pyramid? The Harvard pyramid? The Adkins diet? Weight Watchers? Clearly the best avenue is for fast-food firms to provide choices and provide information so that customers can be informed, prudent and as up to date as they like."

Although dietitians disagree about how many carbohydrates or proteins a person needs each day, there is no debate over the negative effects of trans fats, which are found in everything from meat to crackers. While experts advise no more than 20 grams daily of its well-known cousin, saturated fat, they have not found a safe level for trans fat. The less, the better, the thinking goes.

One thing researchers do know: Simply disclosing health hazards like trans fats affects consumer behavior. Labeling trans fats would enlighten enough people to prevent 2,000 to 5,600 deaths each year, the FDA estimated. That alone — the fact that regulation potentially saves lives — could have a substantial impact on future litigation.

And if public attention shifts to fast food, perhaps tobacco companies can breathe a (raspy) sigh of relief for now. □



# Literacy plan for adults with special needs sees ...

Continued from page 1

education at LifeWay Christian Resources, Nashville, for 14 years said now the efforts of these Baptists in special education literacy work can be a model for state centers and even churches."

He said the program leads students to memorize pictures of a letter of the alphabet. If a student can learn those pictures and make a sound, then he or she can learn to read, he explained.

He told the congregation everyone has a disability — a mentored relationship with Reeves raised the church. "If you know me a church who meets the needs of people, of people who really have needs, it is part of the spirit of Christianity," he said.

He thanked the church for its support of Reeves and James, and explained he became in-

involved in special education because of his son, Scott, who is mentally disabled and who lives in a group home in Lebanon developed by Baptist Homes for Exceptional Persons. Nabi and his wife, Joy, helped start BHEP. He recommended the "world of disabilities" in which the people are honest, humorous, they hang on, they have heart, and they model Christian qualities.

Before Reeves read the Scripture, she said, "God gave me the strength to come up here and read the Bible." She noted, "This is my church," calling it her home.

Reeves, 49, said she only completed the eighth grade in school because she was a slow learner and couldn't read.

She has been a member of Temple Church for about three years. For a while she attended another church although she lived next to the church. Then she met Sam Abernathy, a

neighbor who is a member of Temple. Reeves told him she sometimes didn't have a ride to her church. Abernathy invited her to Temple and helped her find a class, which turned out to be the Special Ministries class.

Reeves made a profession of faith and was baptized at Temple.

She is known for many things, including giving cookies to children who visit her and for her spotless house with the

flowers out front during much of the year.

Abernathy said when he was accepting members to serve as a deacon, he asked that Reeves be assigned to him. "We're very close," said Abernathy. □



**MEMBERS OF THE** Special Ministries group of Temple Baptist Church, Old Hickory, are, from left, front row, Jayne Gibbs, director; Richie Gibbs; Karen Ridings; Barbara Midgett, teacher; Terry Malone, teacher; second row, Don Oakes; Loretta Reeves; Randy Oakes; and Tim Burlison.

# All Nations Camp draws immigrants from several ...

— Continued from page 1  
persecuted for being Christian, explained Hill. Egypt is predominantly Muslim. Many of the Egyptian campers received political asylum in this country.

Another difference at All Nations Camp is that the campers are so appreciative, said Hill. If the TBC, through the Golden Offering for Tennessee Missions, didn't subsidize the camp, many of the campers probably wouldn't be able to attend, he said, because ethnic families often don't have the funds to participate in camp.

The campers are also appreciative because All Nations Camp provides a summer ac-

tivity for ethnic children, explained Hill. Many of the ethnic churches can't provide Vacation Bible School or any other summer activity for their children.

Because camp is an unusual activity for ethnic children, All Nations Camp is an outreach to ethnic children. It draws many first-time campers, said Hill. About 70 percent of this year's campers attended for the first time.

Dave Shelley, pastor, Westwood Baptist Church, Murfreesboro, has helped Hill lead the camp for the past eight years. Shelley served as camp pastor and recreation director and led 12 from his church to serve as camp staff

members including an Acteen Activator team.

One of the reasons he is involved is to expose young people who serve as staff to ministry. One boy who served surrendered his life to ministry. Another boy and girl who served married recently. Shelley performed the ceremony.

He also sees special events at the camp, said Shelley. His son made a profession of faith at the camp and Tim Hill's daughter was saved in past years.

This year seven campers made professions of faith and two campers rededicated their lives to God. "Where can you get excitement like that?"

asked Shelley.

Chris Sparkman, pastor, First Baptist Church, Dover, has served on the camp staff for four years and this year he brought seven members of his church to serve. He learned about the camp from Shelley whom he met when Shelley pastored a church in Sparta.

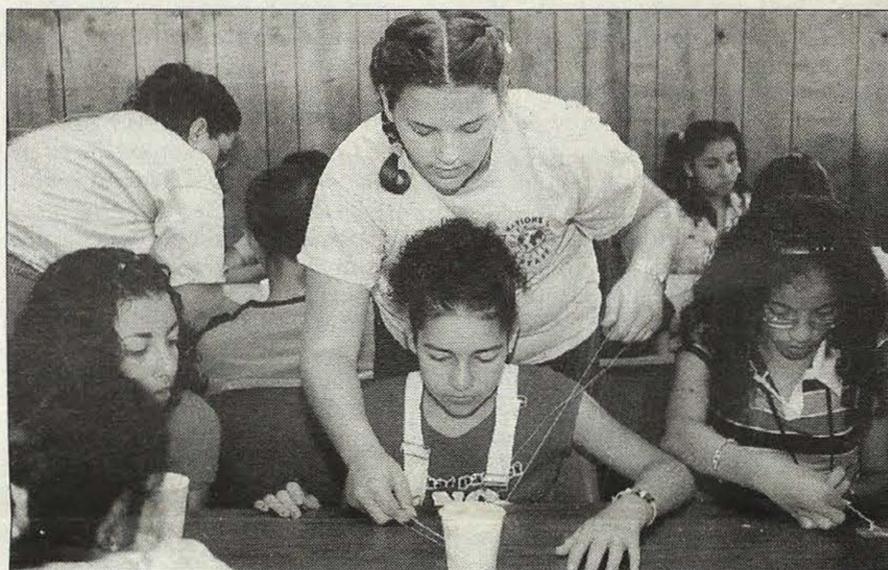
"Sometimes we forget the need to reach out to those people who aren't like us," Sparkman said. "It's a privilege just to come and serve here and learn about their cultures."

Sparkman also

comes to work with S... whom he patterns much of his ministry after. Sparkman said Shelley keeps the kids busy with activities which are balanced between fun and learning about God or increasing their knowledge of God.

"Everything is designed to lead these kids to Christ," Sparkman said.

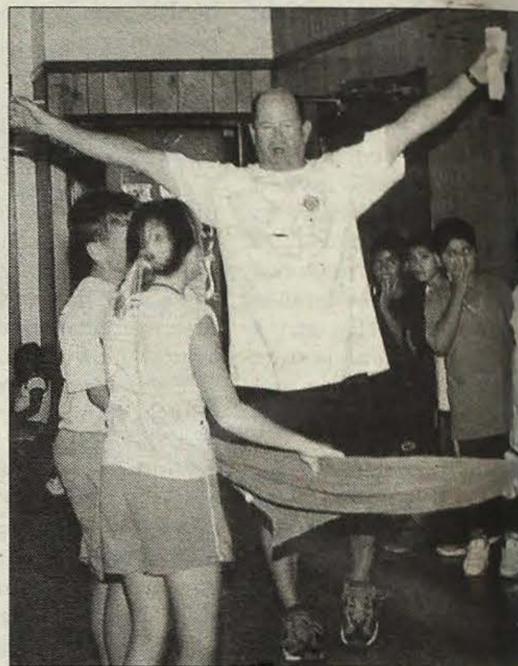
"It's just been a blessing for us," he said. □



**BETSY CULBRETH**, center, standing, an Acteen Activator of Westwood Baptist Church, Murfreesboro, helps Jackie Boulos of Arabic Baptist Church, Nashville, make a necklace as other campers watch or work.



**TIM HILL** of the Tennessee Baptist Convention staff gives a snack ticket to Bryan Frias of Primera Iglesia Bautista de Nashville.



**DAVE SHELLEY**, pastor, Westwood Baptist Church, Murfreesboro, makes a call during a tug-of-war activity using a towel. Shelley was camp pastor and recreation director.

## CLASSIFIED

### MINISTRIES — OTHER

Seeking a professional minded individual to fill a secretary/bookkeeper position. Please provide resume to Hillhurst Baptist Church, Ewing Dr., Nashville, TN 37207, fax: (615) 228-2325, Attn: Jeff Shipley.

### MINISTRIES — COMBINATION

Memorial Baptist Church, P.O. Box 39, Crossville, TN 38555 accepting resumes for full-time staff position for minister of music/youth. Send resume with picture and references. mbc2@citlink.net or call (931) 484-9278.

## Shelbyville Mills Baptist Church Resolution

WHEREAS, Bro. Junior Hill of Hartselle, Alabama has been in full-time Southern Baptist evangelism for 36 years this July, 2003; and  
WHEREAS, Bro. Junior has tirelessly preached the gospel of our Lord Jesus Christ to the leading of lost souls to salvation through His blood; and

WHEREAS, Bro. Junior has been prophetic in the Southern Baptist Convention calling upon our churches and pastors to resist the temptation to glorify the "consumer driven church" and rather to stick with the promotion of sound Bible doctrine.

NOW, THEREFORE, BE IT RESOLVED, that the member Shelbyville Mills Baptist Church in Shelbyville, Tennessee hereby thank and honor Bro. Junior Hill for his love for and dedication to our Lord Jesus Christ, His Bride — the local church, and for his compassion for "pastor to pastors"; and

BE IT FURTHER RESOLVED, that this resolution be presented and read in our Revival services, July 23-25, 2003 in respect and appreciation for his service to the King of kings and Lord of lords, Jesus Christ. That copies of this resolution be sent to the Alabama Baptist and the Baptist Reflector in Tennessee.

Done this 25th day of July, 2003

The Congregation of Shelbyville Mills Baptist Church  
Shelbyville, Tennessee

Discipleship and Family Ministries Conviction Conference

# Lead Your Family Beyond Belief and to Conviction

## SCHEDULE

9:00 am - 10:00 am ..... Registration  
10:00 am - 12:00 pm ..... Opening Session  
Why Beliefs Matter  
12:00 pm - 1:30 pm ..... Lunch (on your own)  
1:30 pm - 2:45 pm ..... Session Two  
Reality Check  
2:45 pm ..... Break  
3:00 pm - 4:30 pm ..... Session Three  
Standing Strong in the Face of Today's Culture  
4:30 pm ..... Conclude

"If we don't do something now, we risk losing an entire generation...your kids and mine."

— Josh McDowell

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Featuring

**Josh McDowell**  
Thursday, August 28, 2003

A Ministry of the Georgia Baptist Convention



# So fast food, smaller Oreos — will potluck dinners be next?



Lonnie Wilkey, editor

Our legal system has gone from being concerned and looking out for our well being to plain meddling.

Page 3 of this issue is a disturbing story. Or at least disturbing for a fast food junkie like myself.

While there have been "obesity lawsuits" floating around since 2001, this story details the latest action to date. A 270-pound fast food junkie who has decided it is his fault that he ate too many Big Macs, fried chicken, and other such food.

Or at least that is his argument in a lawsuit he filed last year against Wendy's, McDonald's, and Burger King. Yet, he has invited other fast food consumers to join the lawsuit.

Just grateful he left out Hut and Taco Bell. He

would really be on my bad list if he started messing with those two fast food junkie superstars.

What will be next? Those wonderful potluck dinners on the grounds at our churches that feature great-tasting fried chicken loaded with grease, vegetables seasoned with pork, and homemade cakes and pies may be in trouble.

Caesar Barber, the man who filed the lawsuit in New York, can blame everyone he wants to, but he first needs to look in the mirror.

I can't imagine anyone holding a gun to his head and making him go to those restaurants and ordering all those burgers and fries.

Not only are the fast food chains being criticized for selling the food in the first place, they are being chastised by "experts" for their "shameless" practice of "supersizing" their combos. A friend of mine who will remain nameless would say, "Why eat small fries when you can have a large order?"

Those who favor the lawsuits blame the companies for not informing people that eat-

ing their food could pose health risks.

One company apparently is taking that suggestion seriously. The story details how Kraft Foods has announced it will cap serving sizes, cut fat content in products like Oreo cookies, and stop advertising in schools.

The fact is that in many fast food places I frequent there is a large chart on the wall that provides calorie content, fat grams, and a ton of other information I just as soon not know.

What's more, there are fast food companies that promote healthy foods. The article cites Subway for taking pride in promoting their sandwiches as a healthy alternative.

And years ago in Tennessee there was a fast food chain that specialized in healthier choices. To my knowledge that company is no longer around. I know that near our offices here in Brentwood, a popular hamburger chain now occupies the site.

I agree people should have accurate, truthful information on what they are eating. But does that mean we take good old-fashioned common sense out of the equation? People were overweight a long time

before the first fast food restaurant came into being. Eat too much, exercise too little, and you are a candidate for being overweight.

The truth is we know that, yet we continue to want those fat, juicy burgers with all the trimmings.

I have high cholesterol and I know better than to eat hamburgers, fries, fried chicken, pizza, and the like. I try to limit my intake of those items, but I still eat those foods occasionally.

When and if I die because my cholesterol hits the ceiling, thus causing a heart attack, do you think my wife will sue those companies?

No, she will be telling everyone that if I had done what she and my doctors had told me to do, I would still be around.

We can't blame the fast food chains for our stupidity and lack of self control.

We are facing the same problem mankind has faced since Adam and Eve were given a choice in the Garden of Eden and they made a poor decision. We have been making bad choices ever since.

And just like Adam blamed Eve and Eve blamed the ser-

pent, we have to blame our decisions on someone else.

For those who are suing the fast food chains, they simply are refusing to take responsibility for their actions.

While I have been facetious in some of my remarks, I do not discount the fact that we do have a serious health problem in our society today. That is why the paper regularly offers a column entitled "Good Health" by Branda Polk (see below).

As the article on page 3 relates, almost two-thirds of American adults are overweight. What's more, obesity is a growing problem among children as well.

We do need to watch what we eat and try to eat healthier foods. Scripture tells us our body is a temple and we need to do what we can to protect it.

Blaming others, however, will not solve the problem of obesity in our nation today. Until we are willing to accept responsibility for our own actions and do something about it (eat less or eat healthier foods), we will continue to see frivolous lawsuits as people try to make others pay for their own poor choices. □

# Living healthier lifestyle cuts risk of high blood pressure



by Branda Polk

High blood pressure is the "silent killer" because most people do not know they have it until they experience a stroke or heart

recently, high blood pressure was considered anything below 130/85 with a healthy reading of 120/80 mm Hg.

But studies reported by the Mayo Clinic in Minneapolis, however, indicate that these longstanding blood pressure standards do not reduce the risk of disease complications. Findings indicate that blood pressure goals of 120/80 mm Hg with a goal of 115/75 mm Hg.

How relevant does this news become when we choose God with every area of our health is included. Our body to be ready to lead and minister, you

must be aware of your health conditions, monitor these regularly, and manage any conditions with the assistance of your physician.

It is vital to have your blood pressure checked at least annually as a minimum. If you have a family history of high blood pressure, are overweight, are experiencing extreme stress in your daily life, are a smoker, or do not regularly exercise, you may want to have your blood pressure checked more often. Remember, you can feel fine and still have high blood pressure. Regular monitoring it is the best way to keep it in check.

To reduce the risk of high blood pressure, live a healthy lifestyle including:

- (1) Check your blood pressure annually with your physician.
- (2) Eat a wide variety of healthful, low-fat food and limit processed food.
- (3) Eat at least five servings of fruit and vegetables every day.
- (4) Limit the amount of salt in your diet.
- (5) Exercise at least 30 minutes most days of the week. Exercise strengthens the heart and reduces blood pressure.
- (6) Keep your body weight in a healthy range. Ask your doctor for weight guidelines appropriate for your age and body frame size.
- (7) Know your family history for high blood pressure

and stroke.

Sometimes the genetic factors override the lifestyle factors for high blood pressure. But living a healthy lifestyle will reduce the risk of stroke and the other risk factors for heart disease.

Below are some recommendations for managing high blood pressure from the American Heart Association.

- (1) Keep appointments with your doctor. This will help everyone monitor your blood pressure program and make any adjustments to keep your blood pressure under control.
- (2) Take prescribed blood pressure medications as directed. Keep plenty of your medications on hand so you don't run out. If you don't feel well after taking a medication, tell your doctor how you feel. This will help your doctor adjust your treatment so you won't have unpleasant side effects.
- (3) Follow medical advice

about diet and exercise. Make an effort to lose weight if it's recommended. Make changes in your general health habits if you need to.

(4) Remind yourself that as long as you and your team of health advisers work together, you can control your blood pressure.

(5) Tell your family you have high blood pressure. They can help you control it. If it's practical, have your spouse, another family member, or a friend go with you to the doctor's office or clinic. Another person may help you remember what you're told. The person who prepares the meals in your family needs to know about any diet changes that are needed. Family members also can help you remember to take your medicines on schedule.

(6) In addition to eating five or more servings of fruits and vegetables each day, two to

four servings of fat-free or low-fat dairy products also are advised.

(7) Use less salt. Don't eat too many salty foods.

(8) Know what your weight should be. Keep it at that level or below.

(9) When engaging in at least 30 minutes of physical activity on most days of the week, walking at a moderate pace is a great way to manage blood pressure.

Reducing the risk for high blood pressure and properly managing it is one way to honor God with a body that is ready for His service on a moment's notice. Consider the lifestyle changes that may be necessary to control your blood pressure as an act of worship and good stewardship of what God has blessed you with in your body. □ — Polk is a certified fitness instructor, wellness coach, and conference leader in Memphis.

## P.K. Preacher's Kids

by David Ayers



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# IMB trustees honor Rankin, review finances, attrition study

Baptist Press

RICHMOND — During a July 10-11 meeting here trustees of the Southern Baptist International Mission Board recognized President Jerry Rankin for 10 years of service, received an update on IMB finances, and appointed 70 new missionaries for overseas service.

They also discussed a report on missionary attrition, accepted the resignation of a regional leader, and heard testimonies about God at work through Southern Baptist missionaries and their



RANKIN

coworkers.

IMB trustees opened their business session by recognizing Rankin for 10 years of service that have seen God using Southern Baptists in amazing ways around the world.

Since Rankin's election in 1993, IMB workers have seen church starts increase each

year from about 2,000 in 1992 to more than 8,300 in 2002 and baptisms grow from almost 252,000 to more than 421,000. Support from the churches increased 32 percent through the Cooperative Program and 43 percent through the Lottie Moon Christmas Offering during the same period. The number of people groups being reached with the gospel grew from 584 to 1,497 in just the past five years.

Increases in missions support from churches are still critical to ease restrictions on sending new missionaries, but the stock market's improved performance in the first six months of 2003 has helped some with the IMB's financial crunch, the board's vice president for finance told the trustees.

Stock returns probably will provide the \$23 million of investment income budgeted for 2003, David Steverson said. Combined with the \$10 million cut from the budget in June, the board now is watching church gifts through Southern Baptists' unified budget plan, the Cooperative Program, and the Lottie

Moon Christmas Offering to see whether additional spending reductions still may be needed.

The IMB had to make serious budget adjustments in June because growing support from Southern Baptist churches was not keeping pace with the record numbers of new missionaries coming forward for service. The board limited the number of new workers that will be sent overseas in 2003 and 2004 and eliminated 61 full-time and part-time stateside staff positions after the 2002 Lottie Moon Christmas Offering fell almost \$10 million short of its \$125 million goal.

In a July 13 service at London Bridge Baptist Church in Virginia Beach, the trustees appointed 70 new missionaries who represented the vocational, ethnic, and geographic diversity

that increasingly characterizes the Southern Baptist missionary force.

Prior overseas experience significantly reduces attrition among long-term missionaries, according to a study conducted by the IMB's global research department.

Missionaries with no overseas experience prior to appointment suffered a 6 percent loss rate in 2002, said department director Scott Holste. On the other hand, missionaries with previous IMB service experienced a 3.3 percent loss rate. The overall attrition rate for long-term personnel was 5.2 percent in 2002, compared to 5.1 percent in 2001.

The study also showed that long-term personnel in the 41-50 age range had a higher attrition rate — 6.6 percent — than any

other age group. In terms of longevity, the highest loss occurred among missionaries with nine to 12 years of service (8.8 percent).

The number of long-term missionaries increased in 2002, the largest amount in a decade, the report said. □

## CLASSIFIED

### MINISTRIES — MUS

Stock Creek Baptist Church, Knoxville, Tenn., seeks a minister of music. Call 573-8881 by July 31 to apply.

Wanted full-time music director. Responsibilities will include day morning and evening worship, Wednesday evening service, an Easter and Pentecost cantata, adult choirs and youth choir. Pay and benefits commensurate with position. Send resume to Personnel Committee, c/o First Baptist Church, 302 North Magnolia St., Knoxville, KY 42167.

### MINISTRIES — PAST

Peterson Lake Baptist Church, located in Collierville, Tenn., is seeking a senior pastor to resume to Darrell Sparks, Box 2170, Cordova, TN 37030.

Lucy Baptist Church is accepting resumes for full-time pastor. Send to Scott Hendren, Lucy Rd., Millington, TN 37601.

Mt. Harmony Baptist Church, a small rural church near Nashville, Tenn., is seeking a part-time pastor for this congregation. Resumes for full-time or bivocational will be considered. Please send resume to Blaine Douglas, chairman of the Pastor Search Committee, 125 County F, Madisonville, TN 37354.

### MINISTRIES — STUD

Indiana Avenue Baptist Church, LaFollette, is seeking a part-time youth minister. For more information contact us at (423) 3420 or send your resume to 604 S. Indiana Ave., LaFollette, TN 37766, Attn. Search Committee.

Full-time youth pastor wanted. Pay and benefits commensurate with position. Send resume to Personnel Committee, c/o Baptist Church, 302 North Magnolia St., Tompkinsville, KY 42167.

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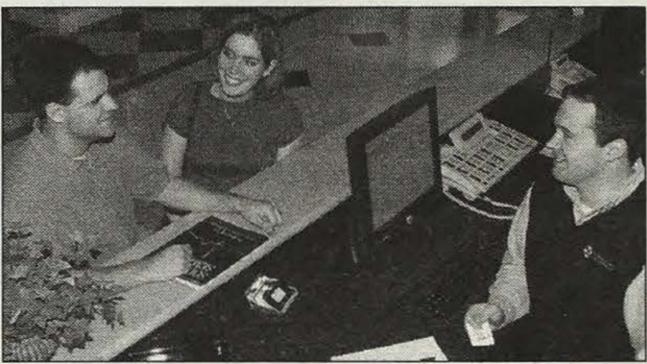

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minister's corner

es Robertson  
 Matthew 13:24-30, Jesus tells this parable: He fore them another parable: "The kingdom of may be compared to someone who sowed good his field; but while everybody was asleep, an came and sowed weeds among the wheat, and ent away. So when the plants came up and ain, then the weeds appeared as well. And the of the householder came and said to him, r, did you not sow good seed in your field? then did these weeds come from?" He an- 'An enemy has done this.' The slaves said to hen do you want us to go and gather them?" replied, 'No; for in gathering the weeds you proot the wheat along with them. Let both of row together until the harvest; and at harvest will tell the reapers, Collect the weeds first d them in bundles to be burned, but gather at into my barn.'  
 evers of all generations have pondered this Commentators have had difficulty in deter- all the implications of this story. It is, most parable of the last judgment. However, some he parable and see a teaching about how the should deal with backsliders. The enemy ery much like the devil.  
 church rolls have a number of members who tive. Some have moved to other cities and orts of the country. Probably the inactive s do not know how much the church loves s for them. I'm sure that the inactive mem- ot know how much they are loved and need- times it is tempting for churches to "clean " but I believe that the parable leaves that to our Lord. He knows what is wheat and eed. □ — Robertson is pastor of Sharon Bap- h, Knoxville.

CP prayer moment

Pate, a student at the University of Mem- ed earlier this year to help Tennessee Bap- tion Baptist Collegiate Ministries inter- pective summer missionaries, not to become ever, she knew God wanted her to serve re in California during the summer as a leader. BCM recommended she serve at National Park, Sierra Nevada, Calif.  
 ily, along with Andi Frey of Vanderbilt Uni- ad Sarah Holman of East Tennessee State y, have been serving at Yosemite, living in e camp setting. They hold jobs in the park eveloping relationships with the park staff. are leading Bible studies and worship op- s for tourists and employees.  
 Tennessee BCM centers raise the funds to ese missionaries, the Cooperative Program collegiate ministers and BCM facilities, and nistrative costs of much of the BCM program. rship with local associations and churches, acts more than 30 campuses in Tennessee.  
 r Emily, Andi, and Sarah, and the 40 other e BCM summer missionaries serving this — Please share this Cooperative Program quest with your Sunday School class this

just for today

ed Wood, retired pastor, Memphis  
 with a Smile: Jim: "I hear you got fired on uction job. Why?" Joe: "You know the fore- guy who stands around and doesn't work?" e, what does that have to do with it?" Joe: nan got jealous because everyone thought I reman."  
 his Truth: "Beware of jealousy. ... It is the d monster which doth mock the meat it — Shakespeare  
 rize this Scripture: "If you harbor bitter selfish ambition in your hearts, do not boast deny the truth." — James 3:14, NIV  
 his Prayer: Lord, help me to avoid envy, t is self destructive. □

# Good news! Controlled by the Spirit

By Poly Rouse

**Focal Passage: Galatians 5:16-26; 6:7-10**

Paul's first admonition was "Stand fast!" Now he says, "Walk in the Spirit!" Our standing in Christ determines our walk in Christ. The words "flesh" and "Spirit" are each found 10 times in chapters 5-6. Those who live according to law depend on the energy of the flesh; those who live by grace depend on the power of the Spirit. To "walk in the Spirit" means to have our daily lives under His control, and this means under the direction of the Word of God. To be "led of the Spirit" means to be delivered from a life of bondage to legalism. The elder brother in the parable of the prodigal son (Luke 15) lived in bondage and had no joy in his walk or service. How many Christians are like him!

"The flesh" refers to the fallen nature still with the believer. The body itself is not sinful; appetites are not necessarily sinful, but the tendencies of the old nature are downward. In Romans 6, Paul tells us that the old man has been crucified and that we can overcome the flesh by reckoning ourselves dead to sin and by yielding ourselves to God. Here in Galatians, Paul spells out the conflict between the believer's two natures. Immediately after conversion, new Christians enjoy several days or weeks of wonderful victo-

ry; then temptation and defeat come, and they become discouraged. Somebody should have told them that the old nature would rise up again! The last phrase in verse 17 does not teach that the believer cannot get victory. The phrase should be translated, "so that you may not do what you would." That is, plain determination on the part of the Christian will never control the flesh or produce the fruit of the Spirit. Paul writes of this theme in Romans 7, where he shows that the believer's determined attempts to please God in his own strength are destined to fail.

Warren Wiersbe discusses the contrast between works and fruit! Fruit is the result of a living union; a machine may produce works, but it can never produce fruit. Even the Law produces works, but God calls them dead works (Hebrews 6:1). The Law could never produce the gracious fruit described in verse 22. Take the time to read verses 19-20 that describe a list of "flesh works" in a modern version to get the full significance of their meaning. What a terrible catalog of sins! How many of them are found even among Christians! Christian character comes from within, by the power of the Spirit. The Spirit seeks to transform us into Christ's likeness (II Corinthians 3:18; Romans 8:29 and 12:1-2). We could meditate for hours on the nine-fold fruit of the Spirit! Note especially that love heads the list. Paul clearly states that no law

Sunday School Lesson  
 Family Bible Series  
 July 27

could ever produce this kind of character. When will people learn that making resolutions will never sanctify them!

"If we live in the Spirit" (this is salvation, being made alive by the Spirit), "let us also walk in the Spirit" (this is sanctification, allowing the Spirit to command and control our lives). Compare Ephesians 5:18-24 with Colossians 3:15-19 and you will see that to be filled with the Spirit is to be controlled by the Word of God, for the results are identical. "Walking in the Spirit" is not some emotional experience, detached from everyday life. It is the daily experience of the believer who feeds on the Word, prays, and obeys what the Bible says. It is the Holy Spirit of the trinity that enables believers to live in the Spirit. It is a daily yielding to the Spirit's control in a believer's life that allows for life change and for His presence to be evident and powerful. Press on in Jesus' name to bring His glory and honor in the power of His Spirit. □ — Rouse is pastor, Hermitage Hills Baptist Church, Hermitage.



ROUSE

# Following God's wisdom

By Danny Sinquefield

**Focal Passage: James 1:1-18**

An unknown author from another century wrote this timeless poem:

*My life is but a weaving, between my Lord and me;*

*I cannot choose the colours. He worketh steadily.*

*Ofttimes He weaveth sorrow and I in foolish pride,*

*Forget He sees the upper and I the under side.*

*Not till the loom is silent and the shuttles cease to fly,*

*Shall God unroll the canvas and explain the reason why,*

*The dark threads are as needful in the Weaver's skillful hand,*

*As the threads of gold and silver, in the pattern He has planned.*

Sometimes our circumstances in life make no sense. But God is always in control and actively at work in our lives. James focuses on this profound fact as he encourages believers to follow God's wisdom.

**Patience in tough times (vv. 1-4)**

James, the seasoned servant of God, challenges his scattered kinsmen to a new level of spiritual toughness. The image comes to mind of a coach who knows the team is weary, but he presses them another step further. He knows that if they quit now, they will never know the joy of winning against overwhelming odds. During difficult days we must practice spiritual

toughness if we hope to mature in our faith.

It seems irrational to say, "count it joy" during tough times unless you have the benefit of experience. Every person who has come through a crisis or conflict successfully knows that the end is worth the effort. James knew the blessing that patience (endurance) brings based upon the promises of God. There is no easy path to spiritual maturity — it comes at the cost of patiently enduring in tough times.

**Provision in troubled times (vv. 5-8)**



SINQUEFIELD

God never leaves us alone or unattended. In our troubled times in life, we can be sure of God's guaranteed provision. He is always there and He is always enough. One of

the key provisions needed in the stormy waters of life is wisdom. A.T. Robertson calls wisdom, "the practical use of knowledge." Ralph Martin defines this wisdom as, "practical righteousness in everyday life."

God's gracious gift of wisdom brings stability in the storms. With wisdom, we are no longer like a man with two minds in the matter. God's wisdom helps us "make up our mind" to trust Him.

**Perseverance in trying times (vv. 9-12)**

When our circumstances in life are humble, we are in the best posi-

Sunday School Lesson  
 Explore the Bible  
 July 27

tion to succeed. In trying times, we are more likely to have a clear focus on what really counts. The heat of God's inspection penetrates through our pretense and only the eternal things will last.

Perseverance provides the promise of God's lasting reward. Keep running the race. Never quit. The songwriter captured the concept with these words: "One glimpse of His dear face, all sorrow shall erase. It will be worth it all when we see Jesus!"

**Perspective in tempting times (vv. 13-18)**

Temptations are both constant and common in life. The source of temptation is the wicked one. Our strength to overcome temptation comes from above. The ultimate goal of every temptation is our destruction. The devil desires to destroy our reputation, our witness, our families, and our lives. He takes no prisoners and spares no person.

James shares the secret of the Christian life in these verses. With the right perspective, running with perseverance, receiving God's provision, and responding with patience, we shall finish strong. Someone has correctly said that starting the race right is important, but finishing the race well is real success. □ — Sinquefield is pastor, Faith Baptist Church, Bartlett.

## Leaders

◆ **Larry G. Mulberry**, pastor, Hillcrest Baptist Church, Clarksville, will retire Aug. 15. His last service will be July 27 and he will be honored from 2-4 p.m. that day. He has served the church for 11 years and seen it grow to be home to more than 900 members. Also Mulberry has led the church to build a new praise, prayer, and worship center. He has served in full-time ministry for 28 years, leading churches in Indiana, Missouri, and Kentucky.

◆ Bear Creek Baptist Church, Parsons, has called **Blake Carroll** of Selmer as pastor.

◆ Valley View Baptist Church, Nashville, has called **Greg Bell** as pastor, effective July 27.

◆ Swannsylvania Baptist Church, Dandridge, recently called **John Butler** as church planter. Butler, who plans to begin a congregation in Cocke County in the Carson Springs community, attends Southeastern Baptist Theological Seminary, Wake Forest, N.C. His ministry is a part of the North American Mission Board's Nehemiah Project. Butler and his family are living in White Pine.

◆ **Jeff Carroll**, music director, Central Baptist Church, Alcoa, was honored June 29 on his 10th anniversary of service to the church.

◆ **Alan Roggli**, pastor, First Baptist Church, Winchester, has been called to serve a church in Northport, Ala. He served the church for about 11 years.

◆ **Howard Capps** has been called as pastor of Central View Baptist Church, Knoxville.

## Churches

◆ **Daysville Baptist Church, Rockwood**, will hold welcome back activities Aug. 3 for all members, former members, friends, and their families. A luncheon will be included. For more information, contact the pastor, Jim Whittebarger, at (865) 376-1532.

◆ On June 29 **Inglewood Baptist Church, Nashville** was challenged to meet a financial emergency to replace an air conditioning system, catch up on a budget deficit, and meet its weekly budget requirement. The need was for \$93,807. Amazingly, by the next morning a deposit of \$96,949 had been made to the bank. On Wednesday evening,

before the conclusion of a Celebration Service, a total of over \$100,000 had been received from members.

◆ **First Baptist Church, Union City**, will observe its 135th anniversary Sept. 13-14. A dinner and program will be held on Saturday and Buddy Boston, pastor, First Baptist Church, Dyersburg, will speak on Sunday morning. For more information, call the church at (731) 885-9481.

◆ **Walker Baptist Church, Franklin**, held revival recently. As a result, 15 people made professions of faith, one committed his life to ministry as a preacher, and many people made other spiritual decisions including commitments to missions work. Floyd "Lammie" Lammersfeld, evangelist of McKenzie, was the speaker.

◆ **First Baptist Church, Milan**, will hold Homecoming 2003 Oct. 18-19. On Saturday the church will hold a ladies luncheon, golf scramble, and youth reunion. On Sunday former pastors Denzel Dukes and Don Whitt will speak in the morning and Steve Gaines, former youth minister, will speak in the evening. For more information, call (731) 686-3385.

◆ **Cherry Road Baptist Church, Memphis**, commissioned several members for missions work July 13. The members will serve locally, nationally, and internationally including Vacation Bible School workers, a team to work in Pontiac, Mich., and a team serving in Rio de Janeiro, Brazil. The last team is supporting the Tennessee/Rio Baptist Partnership. Also Corrie Drake was commissioned as a home missionary with Life Action Ministries.

◆ **Lockeland Baptist Church, Nashville**, will celebrate its centennial Sept. 10-12 and 14. Each weekday evening service has a focus, including all members, music featuring music directors, and and former staff members. On Sept. 14, the 10:50 a.m. service will be followed by a luncheon and afternoon service. For more information, call (615) 227-0813.

## Statewide Events

◆ The East Tennessee Center of Southern Baptist Theological Seminary is considering expanding its offerings to include Christian education classes. It currently offers M.Div. classes. The center is based at Broadway Baptist Church, Maryville. The education classes would be offered on Mondays. If interested, contact Dean Denton at (865) 985-5224 or bddenton@charter-tn.net.



**MIKE HENSLEY**, pastor, Swannsylvania Baptist Church, Dandridge, prepares to burn a note representing the debt-free status of the church's \$280,000 Family Life Center. The center was paid off in less than three years. Looking on are, from left, Mark Brooks, director of missions, East Tennessee Baptist Association based in Newport; and Tommy Taylor, Don Lane, and James of the church.



**JIMMY DRUMWRIGHT**, center, pastor, Ashport Baptist Church, Ripley; and Clifford Sweat Sr., right, long-time member, receive a plaque from S. Ray Jones on the 100th anniversary of the church. Jones is director of mission for the Hatchie Baptist Association, based in Covington. Sweat is a boy when it was organized.



**MEMBERS OF HICKORY Hills Baptist Church, Mt. Juliet**, with members of a new church in Wellston, Ohio, they start during its first service June 22. The new church is the Southern Baptist church in the town of 6,000 people. The Tennesseeans prayerwalked, conducted door-to-door visitation, and helped promote and lead a block party.



**ROB AMASON**, left of center, holding Bible, pastor, Brush Creek Baptist Church, Brush Creek, stands with campers at C Creek Campground who recently attended a Sunday service he led as part of the New Salem Baptist Association at the campground. The ministry has been offered for years during the summer. During the first half of this summer services have drawn 256 people. The campground is near Shade in Smith County.



## Baptist and Reflector Day is Sunday, Aug. 17

Churches across Tennessee are encouraged to observe *Baptist and Reflector Day* on Sunday, Aug. 17. Many Tennessee Baptists do not know they have access to a state paper which informs them of what is happening in Baptist life, not only in Tennessee, but across the Southern Baptist Convention and even the world.

Churches can order **FREE** copies of the Aug. 13 issue of the *Baptist and Reflector* for each member. Complete the form below and return it by Aug. 8 to:

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